



Current recommendations

There are no longer covid-19 restrictions in Denmark, but in some areas there are recommendations which you can get an overview of on this page.

The health authorities also recommend that you follow the general advice and the recommendations aimed at preventing infection.

Social facilities, nursing homes etc.

There are no restrictions for social services or the seniors area.

The testing efforts in this area ceased on 31 January. Therefore, the general testing recommendations apply. You can read more about them here: [Testing for covid-19](#)

There are still some measures to prevent infection in place for this area.

Measures to prevent infection in nursing homes, the home care and social services involving vulnerable people:

- If an employee finds that a resident of nursing homes, residential care facilities and other similar institutions has symptoms of covid-19, the resident should be tested if he or she is in a risk group for a serious course of covid-19. The staff must observe the resident's condition. Employees should use protective equipment.
- In the event of infection in nursing homes, the Danish Health Authority's recommendations on prevention of infection are followed, as described in the pamphlet here: [Guidance on prevention of infection with the new coronavirus in](#)

nursing homes, housing facilities, etc. and in home care (in Danish) [Vejledning om forebyggelse af smitte med ny coronavirus på plejehjem, botilbud mv. og i hjemmeplejen \(sst.dk\)](#)

- If a citizen in home care shows symptoms of covid-19, a dialogue is initiated with the citizen about the further process and whether there may be need to contact your own doctor/medical emergency/1813 or help to book an appointment for a test.
- If a resident in home care is found to be positive for covid-19, contact is made with a doctor, regarding the decision on tablet treatment. Tablet treatment must be initiated within the first 5 days after infection. The citizen's own doctor can prescribe the treatment or refer to the relevant hospital department. During weekends/holidays, the medical service/1813 can be contacted.

In addition, there is a general recommendation to follow [the Danish Health Authority advice on how to prevent infection](#) and it is encouraged that there should remain a focus on staying home when ill, cleaning, airing out and maintaining high levels of hygiene at social services offers with vulnerable people.

The health area

There are still some measures to prevent infection and recommendations on testing place for this area.

- It is recommended that people with respiratory symptoms use masks when visiting general practitioners, on-call general practitioners and specialist doctors. However, this does not generally apply to children under the age of 12 or people who for medical or other reasons are prevented from using masks.
- Patients are recommended to get tested before moving in to institutions such as nursing homes, hospices, housing offers, etc. The test can either be an antigen test or a PCR test.

You can also read the [Danish Health Authority's Guidelines for managing covid-19 in the healthcare system \(In Danish\)](#).

People who physically attend work

There are no longer any specific recommendations for workplaces.

Special information for vulnerable people at workplaces:

The vast majority of people in the high-risk group can go to work as normal if the Danish Health Authority's measures for preventing infection can be complied with at the workplace.

If you are at particular risk and, for example, work at a location with a high risk of infection or which has a combination of risk factors such as certain chronic illnesses, obesity or if you are pregnant, it may be necessary to take special precautions.

If needed, you can contact your doctor at the hospital or your own doctor to get a specific assessment of your risk at the workplace.

You can also talk to your employer about whether there needs to be made any changes to your work tasks or working conditions so that infection is prevented as much as possible and so that you can feel safe when going to work.

If you are in doubt about conditions at workplaces and your rights, etc. you can get advice from trade unions or the like.

Public transport

There are no restrictions on transportation.

There are no requirements to wear masks at Danish airports but please note that some European airports still require them. You should also investigate whether your airline requires mask to be worn onboard the planes.

Prevent infection ›

It is important to follow the Danish Health Authority's six steps for infection prevention. Please be mindful of them at home, in public spaces, in school and at the workplace.

Questions and answers

Here you will find an overview of all frequently asked questions about covid-19.

- › [Questions and answers about covid-19](#)

Contact and hotlines

If you do not find an answer to your question here, please call the joint Danish authorities' hotline at (+45) 70 20 02 33

- › [Contact and hotlines](#)

When travelling to and from Denmark

Travelling to Denmark ›

If you are not a Danish national or a resident of Denmark, different rules apply for entering Denmark depending on your vaccine status and the country you are arriving from.

Travel out of Denmark ›

Information and guidelines from The Ministry of Foreign Affairs of Denmark regarding travelling out of Denmark.

General information

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Corona passport ›