



Self-quarantine on return to B.C.



International travellers are required by law complete the federal ArriveCAN application, meet COVID-19 testing requirements and self-quarantine for 14 day. Air travellers have additional requirements.

Last updated: **February 24, 2021**

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Comply with the federal Quarantine Act

The Government of Canada has implemented a self-quarantine plan for returning international travellers under the Quarantine Act.

- The federal government will continue to use its authority under the Quarantine Act to ensure compliance with the order, enforceable by RCMP or local police
- Maximum penalties for breaking self-isolation orders include a fine of up to \$750,000 and/or imprisonment for six months

All travellers, whether arriving by land or air will be required to submit their travel and contact information. This includes a suitable quarantine plan, electronically via [ArriveCAN](#) before crossing the border or boarding a flight.

Service BC will conduct compliance and wellness checks to ensure travellers can effectively maintain their 14-day self-isolation.

Complete the federal ArriveCAN application

Travellers arriving in B.C. by air, land or sea from international locations including the United States must complete the federal ArriveCAN application.

Download ArriveCAN on your mobile device

- [iPhone/App Store](#)
- [Android Devices](#)

Submit your ArriveCAN application online

- [Accessible web-based form](#)

Travellers entering Canada by Air

People entering Canada by air can only arrive at select international airports:

- Vancouver International Airport
- Calgary International Airport
- Montreal-Trudeau International Airport
- Toronto Pearson International Airport

Before departure, the following requirements must be met by all air travellers:

- Provide proof of a negative COVID-19 molecular test to the airline. The test must be conducted within 72 hours of scheduled boarding
- Complete the ArriveCAN application

All air travellers must reserve a room in a [Government of Canada-approved hotel](#) for three nights at their own cost, and take a COVID-19 molecular test on arrival at their own cost.

We strongly recommend reviewing the all the [federal air travel requirements](#) before travelling back to Canada. Some exemptions are in place.

Travellers entering Canada by land or water

Travellers entering Canada by land or water are strongly encouraged to download the [ArriveCAN mobile app](#) or submit online before they arrive at a border crossing to avoid additional delays for public health questioning and to limit points of contact at the border. You must show your ArriveCAN receipt to a border services officer.

When entering Canada, you'll be:

- Asked if you have a cough, fever or difficulty breathing
- Required to acknowledge that you must self-quarantine for 14 days
- Provide traveller contact information through the ArriveCAN application
- Required to [complete testing requirements if you enter at a land border](#)

COVID test requirements at land borders

Proof of test

All travellers are required to provide proof of COVID-19 test to the border agent. The test must be either:

- A negative COVID-19 molecular test taken within 72 hours of arrival at the border
- **or**
- A positive test taken 14 to 90 days prior to arrival at the border

Some people are exempt. [Review exceptions.](#)

Test on arrival

All travellers are also required to take a COVID-19 molecular test before they enter Canada. This is in addition to the proof of test. Near the end of the 14-day quarantine, travellers must take another test.

- Review [Government of Canada Driving to Canada checklist](#)

Optional: Complete a B.C. self-quarantine plan

In addition to the federal ArriveCAN Application, travellers arriving in B.C. are encouraged to complete a self-quarantine plan. Completing the plan will help you prepare to self-quarantine successfully. It's important to consider:

- The location of your 14-day self-quarantine
- How you will travel to your quarantine location
- Arranging the necessary supports:
 - Food
 - Medications
 - Child care
 - Cleaning supplies
 - Pet care
- Social or family support

[Submit your B.C. self-quarantine plan](#)

Note: The form does not work on Internet Explorer

How to self-quarantine

The British Columbia Centre for Disease Control (BCCDC) has [guidelines on how to self-quarantine.](#)

Self-quarantine guidance in other languages

- [新型冠狀病毒\(COVID 19\): 如果您與家人同住, 旅遊回來後如何自我隔離 \(PDF\)](#)
- [新型冠狀病毒\(COVID 19\): 如果您与家人同住, 旅游回来后如何自我隔离 \(PDF\)](#)
- [ਕੋਵਿਡ-19: ਯਾਤਰਾ ਕਰ ਕੇ ਆਉਣ ਤੋਂ ਬਾਦ ਦੂਸਰੇ ਪ੍ਰਵਾਹਕ ਮੈਂਬਰਾਂ ਨਾਲ ਰਹਿੰਦੇ ਸਮੇਂ ਆਪਣੇ ਆਪ ਨੂੰ ਅਲੱਗ \(self-isolate\) ਕਿਵੇਂ ਰੱਖਣਾ ਹੈ? \(PDF\)](#)

- [कोविड -19: यात्रा से लौटने के बाद परिवार के अन्य सदस्यों के साथ रहते हुए आत्म-अलगाव \(self-isolate\) कैसे करें? \(PDF\)](#)
- [COVID 19: 가족과 함께 살 경우, 여행 후 자가격리 방법 \(PDF\)](#)
- [COVID 19: Cómo autoaislarse después de un viaje si vive con familiares \(PDF\)](#)
- [COVID 19: Paano ihiwalay ang sarili pagkatapos ng paglalakbay kapag nakatira ka kasama ang iba pang mga kapamilya \(PDF\)](#)
- [COVID-19 : Comment se placer en quarantaine \(s'auto-isoler\) à la suite d'un voyage lorsque vous vivez avec d'autres membres de votre famille \(PDF\)](#)

روش قرنطینهسازی شخصی پس از سفر، در صورتی که با سایر اعضای خانواده زندگی میکنید: COVID 19 (PDF)
 کوو 19: جب آپ گھر کے دوسرے افراد کے ساتھ رہتے ہیں تو سفر کے بعد خود کو الگ تھلگ کیسے کرنا ہے (PDF)
 فیروس کو فید 19: كيفية العزل الذاتي بعد السفر إذا كنت تعيش مع أفراد الأسرة الآخرين (PDF)

COVID-19 response



Information for residents of B.C. about COVID-19, including:

- Vaccines
- Benefits and supports
- PHO orders and guidelines

[Get COVID-19 information](#)

Need help?

Talk to a Service BC agent about **non-health related information and services** including:

- Self-quarantine
- Travel restrictions

[Text: 1-604-630-0300](tel:1-604-630-0300)

[Call: 1-888-COVID19](tel:1-888-COVID19)

Service is available 7:30 am to 5:00 pm. Standard message and data rates may apply.

Telephone for the Deaf

[Across B.C. Dial 711](tel:711)

Translation Services

Available in more than 120 languages, including:

- 翻譯服務
- 翻译服务
- ਅਨੁਵਾਦਸਰਵਿਸਿਜ਼
- خدمات ترجمه؟
- Services de traduction
- Servicios de traducción

Service is available 7:30 am to 8 pm.

[Call: 1-888-268-4319](tel:1-888-268-4319)