



Public Health Order – COVID-19 TRAVEL RESTRICTIONS AND SELF-ISOLATION PROTOCOL – AS AMENDED DECEMBER 1, 2020

WHEREAS the Minister, upon the recommendation of the Chief Public Health Officer, has declared a Public Health Emergency in the Northwest Territories effective March 18, 2020;

AND WHEREAS the Public Health Emergency has been subsequently renewed and remains in force;

AND WHEREAS the Chief Public Health Officer may take certain actions including issuing directions or orders for the purpose of protecting the public health under the authority of the *Public Health Act*, S.N.W.T. 2007, c.17 (hereinafter the “Act”);

AND WHEREAS the Chief Public Health Officer issued an order dated July 16, 2020 entitled “COVID-19 Travel Restrictions and Self-Isolation Protocol - As amended July 16, 2020” (the “July 16, 2020 order”);

AND WHEREAS the Chief Public Health Officer now wishes to amend the July 16, 2020 order, including but not limited to the following amendments: (i) the elimination of the exemptions applying to travellers from Nunavut; (ii) a revision to the self-isolation protocols; (iii) a revision to the COVID-19 symptoms; and (iv) the addition of new self-isolation requirements for persons sharing accommodations in the Northwest Territories with a person who has travelled across an interjurisdictional border;

The Chief Public Health Officer, in accordance with subsection 42(e) of the *Act* hereby amends the July 16, 2020 order as follows:

TRAVEL PROHIBITION AND EXEMPTIONS

1. Pursuant to section 33(1) of the Act, and in order to prevent, combat, or alleviate the effects of the Public Health Emergency, all persons are prohibited from travel within the Northwest Territories that originated from across any inter-jurisdictional border with the following exceptions, which are subject to further conditions in this order:
 - a. Northwest Territories residents, which include students temporarily residing in the Northwest Territories to attend an educational facility, college, or trade school (“Residents”);
 - b. Persons providing services in the course of importation/exportation of goods and other supply chain transportation workers, including movers



- and carriers, and those persons who are necessary to maintain supply chain transportation services (hereinafter “Supply Chain Workers”);
- c. Flight crews and airline employees (hereinafter “Flight Crew Workers and Airline Employees”) arriving in the Northwest Territories;
 - d. Persons providing essential services in the Northwest Territories, including but not limited to:
 - (i) health and social service providers;
 - (ii) postal service workers;
 - (iii) peace officers and others employed for the preservation and maintenance of the public peace;
 - (iv) emergency responders;
 - (v) employees of and persons engaged by the Department of National Defence;
 - (vi) municipal enforcement officers;
 - (vii) community government essential service workers;
 - (viii) federal and territorial parks officers; and
 - (ix) correctional workers engaged in the transportation of inmates to a correctional facility.(hereinafter “Essential Services Workers”)
 - e. Persons providing child and dependent care to Essential Services Workers (hereinafter “Support Workers”) in the Northwest Territories;
 - f. A person from outside the Northwest Territories who has an Aboriginal or treaty right to harvest in an area of the Northwest Territories while exercising that right within the Northwest Territories, provided those persons do not travel to a community or populated area of the Northwest Territories or have any contact with persons in the Northwest Territories;
 - g. Transient workers employed at a work camp where work is being done in relation to the mineral and petroleum resources industry in the Northwest Territories;
 - h. Persons engaged in work on the construction of public and Indigenous infrastructure projects. This includes:
 - i. Persons attending remote work camps in the Northwest Territories where workers reside at the workplace for the duration of their rotation; and
 - ii. Persons attending open, non-remote workplaces in the



Northwest Territories where workers interact with community residents during work and when off shift (hereinafter “Non-Remote Infrastructure Workers”).

- i. Persons being transported to a correctional facility in the Northwest Territories;
- j. Persons traveling through the Northwest Territories in transit to another jurisdictional destination (hereinafter “Persons in Transit”); and
- k. Persons traveling within the Northwest Territories to pursue the gaining of a livelihood (hereinafter “Non-Resident Worker”);
- l. Persons moving to and taking up residence in the Northwest Territories which includes students moving to and taking up residence in the Northwest Territories to attend an educational facility, college, or trade school (hereinafter “New Residents”);
- m. Persons whose travel originates in Alberta east of and including Peace Point, west of and including Hay Camp, and north of but not including the community of Fort Chipewyan and terminates in the vicinity of Fort Smith. Notwithstanding anything in this Order, persons exempt under this section may not be required to self-isolate and shall apply to a Public Health Officer in Fort Smith before traveling within the Northwest Territories and comply with further direction issued; and
- n. Persons otherwise granted prior approval by the Chief Public Health Officer for reasons including but not limited to compassionate or family reunification. To request approval the person must contact Protect NWT at protectnwt@gov.nt.ca or by calling 1-833-378-8297, prior to traveling within the Northwest Territories.

NORTHWEST TERRITORIES RESIDENTS AND NEW RESIDENTS

- 2. Pursuant to section 25(1) of the Act and in order to decrease or eliminate the risk to the public health in relation to COVID-19, Residents and New Residents entering the Northwest Territories from across an inter-jurisdictional border, who are not subject to other exemptions herein, shall:
 - (a) Self-isolate for 14 days, in accordance with the self-isolation requirements set out at Appendix A of this Order, immediately



following entry into the Northwest Territories in one of Yellowknife, Inuvik, Hay River or Fort Smith (“the Four Designated Communities”);

- (b) Within 24 hours of entering the Northwest Territories complete and submit a [resident self-isolation plan](#) to ProtectNWT@gov.nt.ca or by calling 1-833-378-8297. Self-Isolation plans must be approved by Protect NWT;
- (c) Stay at home or in one residence until a Self-Isolation Plan has been approved;
- (d) Upon approval of the Self-Isolation Plan, comply with the Self-Isolation Plan;
- (e) Complete and submit the symptom check form to Protect NWT online or by calling 1-833-378-8297 on each of the 2nd, 6th, 10th and 14th days following entry into the Northwest Territories;
- (f) Contact a local health care provider if they exhibit any symptoms of COVID-19 including fever, new or worsening cough, shortness of breath or difficulty breathing, generally feeling unwell, chills, muscle aches, fatigue or weakness, sore throat, congestion or runny nose, headache, diarrhoea, nausea or vomiting, abdominal pain, loss of appetite, loss of sense of taste, loss of sense of smell, skin changes or rashes (hereinafter “symptoms of COVID- 19”);
- (g) Residents of the Northwest Territories, who have an Aboriginal or treaty right to harvest and who return to the to the Northwest Territories after exercising their right to harvest outside of the Northwest Territories are exempt from the directives at paragraphs 2 (a) to (e) herein if, while they were in the area outside the Northwest Territories, they:
 - (i) Did not go to a community or populated area;
 - (ii) Maintained a minimum distance of 2 meters from any person who is not a member of their household; and
 - (iii) Did not gather in any indoor location with any person who is not a member of their household.



- (h) For greater certainty, all residents of the Northwest Territories, who have an Aboriginal or treaty right to harvest and who return to the Northwest Territories after exercising their right to harvest outside of the Northwest Territories and who do not satisfy the conditions set out in paragraph 2(g) must self-isolate on their return and comply with all the conditions and directives set out in paragraph 2(a) to (e) herein.
- (i) New Residents, in addition to the other requirements set out in paragraph 2 herein, must submit a [resident self-isolation plan](#) to ProtectNWT@gov.nt.ca or by calling 1-833-378-8297. Notwithstanding paragraph 2(b), New Residents shall have self-isolation plans approved by Protect NWT prior to traveling within the Northwest Territories.

SUPPLY CHAIN WORKERS, FLIGHT CREW WORKERS AND AIRLINE EMPLOYEES

- 3. Pursuant to section 25(1) of the Act and in order to decrease or eliminate the risk to the public health in relation to COVID-19;
 - (a) Supply Chain Workers, Flight Crew Workers and Airline Employees travelling in the Northwest Territories, where travel originated from across an inter-jurisdictional border shall:
 - i. If in the Northwest Territories for less than 36 hours, self-monitor, and abide by [social distancing protocols](#) established by the Chief Public Health Officer while working, self-isolate while not working in accordance with the self-isolation requirements set out at Appendix A of this Order, and immediately self-isolate and contact a health care provider if they exhibit any symptoms of COVID-19;
 - ii. If in the Northwest Territories for more than 36 hours:
 - a. As soon as reasonably possible, submit a [worker self-isolation plan](#) to ProtectNWT@gov.nt.ca, or by calling 1-833-378-8297;
 - b. Self-isolate when not working, in accordance with the self-isolation requirements set out at Appendix A of this Order, established by the Chief Public Health Officer; and
 - c. Abide by [social distancing protocols](#) when working. When social distancing is not possible while working, wear a face mask or appropriate personal protective equipment to prevent the spread or transmission of COVID-19.



(b) Supply Chain Workers, Flight Crew Workers and Airline Employees who are Residents of the Northwest Territories, who have not travelled outside Canada within the past 14 days and who have travelled outside of the Northwest Territories in the course of their duties as Supply Chain Workers, Flight Crew Workers and Airline Employees are exempt from the requirements set out at paragraph 3(a) if they:

- i. Abide by the [Travel Restriction Protocol](#) established by the Chief Public Health Officer while working outside of the Northwest Territories;
- ii. Maintain 2 meters distance from persons outside their household while working. When this is not possible, wear a face mask or appropriate personal protective equipment to prevent the spread or transmission of COVID-19;
- iii. Self-isolate while not working in accordance with the self-isolation requirements set out at Appendix A of this Order;
- iv. Self-monitor for symptoms of COVID-19 and complete the [daily self-monitoring form](#) while working outside of the Northwest Territories and for 14 days following their return to the Northwest Territories, and make the completed form readily available upon request from a public health official; and
- v. Immediately self-isolate and contact a health care provider if they exhibit any symptoms of COVID-19.

(c) Employers, managers or other authorized persons having charge of Supply Chain Workers, Flight Crew Workers and Airline Employees who are Residents of the Northwest Territories shall compile and submit to a Public Health Official through Protect NWT every 90 days, an up-to-date list of their employees who, as part of their regular work duties, will work outside of the Northwest Territories and travel within the Northwest Territories from across an inter-jurisdictional border.

PERSONS IN TRANSIT

4. Pursuant to section 25(1) of the Act and in order to decrease or eliminate the risk to the public health in relation to COVID-19, Persons in Transit, shall:



- (a) If in the Northwest Territories for less than 12 hours, abide by [general social distancing protocols](#), and immediately self-isolate in accordance with the self-isolation requirements set out at Appendix A of this Order and contact a health care provider if they exhibit any symptoms of COVID-19;
- (b) If in the Northwest Territories for more than 12 hours, comply with all of the provisions of paragraph 2 of this order until departure from the Northwest Territories.

ESSENTIAL SERVICE WORKERS, NON-REMOTE INFRASTRUCTURE WORKERS, AND SUPPORT WORKERS

5. Pursuant to section 25(1) of the Act and in order to decrease or eliminate the risk to the public health in relation to COVID-19, Essential Services Workers, Non-Remote Infrastructure Workers and Support Workers (hereinafter “Workers”), who travel within the Northwest Territories, shall:
 - (a) Self-isolate for 14 days, in accordance with the self-isolation requirements set out at Appendix A of this Order, immediately following entry into the Northwest Territories in one of the Four Designated Communities;
 - (b) Prior to traveling within the Northwest Territories complete and submit a [worker self-isolation plan](#) to ProtectNWT@gov.nt.ca, or by calling 1-833-378-8297. Self-isolation plans must be approved by Protect NWT prior to traveling within the Northwest Territories;
 - (c) Obtain an approval document from the Chief Public Health Officer via Protect NWT, prior to traveling within the Northwest Territories;
 - (d) Upon approval of the self-isolation plan, the Worker shall comply with the self-isolation plan;
 - (e) Complete and submit the symptom check form to Protect NWT online or by calling 1-833-378-8297 on each of the 2nd, 6th, 10th and 14th days following entry into the Northwest Territories; and
 - (f) Contact a local health care provider if they exhibit any symptoms of COVID-19.
6. If an Employer, manager, or other authorized person having charge of the Worker (hereinafter “Employer”) reasonably believes that the Worker is unable



to comply with paragraph 5 of this Order, the Employer may request written permission from the Chief Public Health Officer for an exemption. To request an exemption, the Employer must submit the following to Protect NWT at protectnwt@gov.nt.ca, prior to the Worker traveling within the Northwest Territories:

- (a) An [application for permission to work](#); and
 - (b) A [Workplace Risk Assessment](#) and [Work Hazard Assessment](#) using the approved WSCC forms.
7. If the Employer makes a request for exemption from paragraph 5 of this Order, the Worker shall, prior to traveling within the Northwest Territories:
- (a) Follow the [social distancing protocol for Essential Service Workers](#) for 14 days; and
 - (b) Complete a [worker self-isolation plan online](#) or by contacting Protect NWT at protectNWT@gov.nt.ca or calling 1-833- 378-8297.
8. If the Chief Public Health Officer grants the Worker an exemption from paragraph 5 of this Order the Chief Public Health Officer shall issue an approval document to the Worker via Protect NWT, prior to the Worker traveling within the Northwest Territories.
9. If approval is granted by the Chief Public Health Officer pursuant to paragraph 8 herein, the Worker shall, for the first 14 days following their arrival to the Northwest Territories:
- (a) Wear a face mask in public when it is not possible to socially distance, including but not limited to when traveling by airplane;
 - (b) Self-isolate when not working, in accordance with the self-isolation requirements set out at Appendix A of this Order;
 - (c) Make efforts to socially distance from co-workers and members of the public while working, in accordance with protocols established by their Employer;
 - (d) Where not possible to socially distance in the workplace, wear a face mask or appropriate personal protective equipment to prevent the spread or transmission of COVID-19 in the workplace as directed by the Employer in accordance with WSCC Work Hazard Assessment;



- (e) Not travel within the Northwest Territories unless required to for the purposes of carrying out their work duties, and only in accordance with the approval granted by the Chief Public Health Officer;
 - (f) Complete and submit the symptom check form to Protect NWT online or by calling 1-833-378-8297 on each of the 2nd, 6th, 10th and 14th days following entry into the Northwest Territories; and
 - (g) Comply with any other conditions provided by the Chief Public Health Officer in the approval granted under paragraph 8 herein.
10. If a Worker displays symptoms of COVID-19, the Worker shall immediately self-isolate, notify a local health care provider and comply with any further directions provided by the Chief Public Health Officer.

PERSONS EMPLOYING ESSENTIAL SERVICE WORKERS, NON-REMOTE INFRASTRUCTURE WORKERS AND SUPPORT WORKERS

11. Pursuant to section 25(1) of the Act and in order to decrease or eliminate the risk to the public health in relation to COVID-19, the Employer having charge of a Worker, travelling within the Northwest Territories, where travel originated from across any inter-jurisdictional border, shall:
- (a) Ensure all Workers complete 14 days of self-isolation in one of the Four Designated Communities prior to starting work and comply with all obligations pursuant to paragraph 5 herein, unless the Worker is otherwise exempted by the Chief Public Health Officer pursuant paragraph 8;
 - (b) Establish workplace social distancing protocols consistent with the workplace risk assessment and Work Hazard Assessment completed pursuant to paragraph 6(b) herein and ensure compliance by all persons in the workplace;
 - (c) Ensure Workers, where granted permission to work pursuant to paragraph 8 herein, for the first 14 days after their arrival to the Northwest Territories:
 - i. Self-isolate when not working in accordance with the self-isolation requirements set out at Appendix A of this Order;



- ii. Make efforts to socially distance from co-workers and members of the public while working, in accordance with protocols established by their Employer;
- iii. Where not possible to socially distance in the workplace, wear a face mask or appropriate personal protective equipment to prevent the spread or transmission of COVID-19 in the workplace, in accordance with the WSCC Work Hazard Assessment;
- iv. Not travel within the Northwest Territories unless required to for the purposes of carrying out their work duties, and only in accordance with the approval granted by the Chief Public Health Officer; and
- v. Comply with all conditions provided by the Chief Public Health Officer as part of the approval granted.

NON-RESIDENT WORKERS

12. Pursuant to section 25(1) of the Act and in order to decrease or eliminate the risk to the public health in relation to COVID-19, Non-Resident Workers, who travel within the Northwest Territories, shall:

- (a) Self-isolate for 14 days, in accordance with the self-isolation requirements set out at Appendix A of this Order, immediately following entry into the Northwest Territories in one the Four Designated Communities;
- (b) Prior to traveling within the Northwest Territories complete and submit a [worker self-isolation plan](#) to ProtectNWT@gov.nt.ca, or by calling 1-833-378-8297. Self-isolation plans must be approved by Protect NWT prior to entering the Northwest Territories;
- (c) Obtain an approval document from the Chief Public Health Officer via Protect NWT, prior to traveling within the Northwest Territories;
- (d) Upon approval of the self-isolation plan, the Worker shall comply with the self-isolation plan;



- (e) Complete and submit the symptom check form to Protect NWT online or by calling 1-833-378-8297 on each of the 2nd, 6th, 10th and 14th days following entry into the Northwest Territories; and
- (f) Contact a local health care provider if they exhibit any symptoms of COVID-19.

SELF-ISOLATION REQUIREMENTS OF PERSONS SHARING ACCOMMODATIONS WITH TRAVELLERS

13. Pursuant to sections 25 of the Act and in order to decrease or eliminate the risk to the public health in relation to COVID-19, persons in the Northwest Territories, who are not subject to other exemptions herein, sharing accommodations with a person who is required to self-isolate in accordance with this Order:

- (a) Shall immediately self-isolate in accordance with the self-isolation requirements set out at Appendix A of this Order and continue to self-isolate for 14 days from the date they began sharing accommodations with the person who is self-isolating; and
- (b) Contact a local health care provider if they exhibit any symptoms of COVID-19.

SUPPLY CHAIN WORKERS, FLIGHT CREW WORKERS AND AIRLINE EMPLOYEES SHARING ACCOMMODATIONS WITH TRAVELLERS

14. Pursuant to section 25(1) of the Act and in order to decrease or eliminate the risk to the public health in relation to COVID-19,

- (a) Supply Chain Workers, Flight Crew Workers and Airline Employees in the Northwest Territories, who are sharing accommodations with a person who is required to self-isolate in accordance with this Order, are exempt from the requirements set out at paragraph 13, if they:
 - i. Maintain 2 meters distance from persons outside their household while working. When this is not possible, wear a face mask or appropriate personal protective equipment to prevent the spread or transmission of COVID-19;



- ii. Self-isolate while not working in accordance with the self-isolation requirements set out at Appendix A of this Order;
- iii. Self-monitor for symptoms of COVID-19 and complete the [daily self-monitoring form](#) for 14 days, and make the completed form readily available upon request from a public health official; and
- iv. Immediately self-isolate and contact a health care provider if they exhibit any symptoms of COVID-19.

ESSENTIAL SERVICE WORKERS, NON-REMOTE INFRASTRUCTURE WORKERS, AND SUPPORT WORKERS SHARING ACCOMMODATIONS WITH TRAVELLERS

15. Pursuant to section 25(1) of the Act and in order to decrease or eliminate the risk to the public health in relation to COVID-19, if an Employer reasonably believes that a Worker is unable to comply with paragraph 13 of this Order, the Employer may request written permission from the Chief Public Health Officer for an exemption. To request an exemption from paragraph 13, the Employer must submit the following to Protect NWT at protectnwt@gov.nt.ca, prior to the Worker traveling within the Northwest Territories:

- (a) An [application for permission to work](#); and
- (b) A [Workplace Risk Assessment](#) and [Work Hazard Assessment](#) using the approved WSCC forms.

16. If the Employer makes a request for exemption from paragraph 13 of this Order, the Worker shall, prior to working within the Northwest Territories:

- (a) Complete a [worker self-isolation plan](#) online or by contacting Protect NWT at protectNWT@gov.nt.ca or calling 1-833- 378-8297.

17. If the Chief Public Health Officer grants the Worker an exemption from paragraph 13 of this Order the Chief Public Health Officer shall issue an approval document to the Worker via Protect NWT, prior to them being permitted to work within the Northwest Territories.

18. If approval is granted by the Chief Public Health Officer pursuant to paragraph 17 herein, the Worker shall:

- (a) Wear a face mask in public when it is not possible to socially distance;



- (b) Self-isolate when not working, in accordance with the self-isolation requirements set out at Appendix A of this Order;
- (c) Make efforts to socially distance from co-workers and members of the public while working, in accordance with protocols established by their Employer;
- (d) Where not possible to socially distance in the workplace, wear a face mask or appropriate personal protective equipment to prevent the spread or transmission of COVID-19 in the workplace as directed by the Employer in accordance with WSCC Work Hazard Assessment;
- (e) Not travel within the Northwest Territories unless required to for the purposes of carrying out their work duties, and only in accordance with the approval granted by the Chief Public Health Officer;
- (f) Complete and submit the symptom check form to Protect NWT online or by calling 1-833-378-8297 on each of the 2nd, 6th, 10th and 14th days following entry into the Northwest Territories; and
- (g) Comply with any other conditions provided by the Chief Public Health Officer in the approval granted under paragraph 16 herein.

19. If the Worker displays symptoms of COVID-19, they shall immediately self-isolate, notify a local health care provider and comply with any further directions provided by the Chief Public Health Officer.

PERSONS EMPLOYING ESSENTIAL SERVICE WORKERS, NON-REMOTE INFRASTRUCTURE WORKERS, AND SUPPORT WORKERS SHARING ACCOMMODATIONS WITH TRAVELLERS

20. Pursuant to section 25(1) of the Act and in order to decrease or eliminate the risk to the public health in relation to COVID-19, the Employer having charge of a Worker exempted by the Chief Public Health Officer pursuant to paragraph 17, shall:

- (a) Establish workplace social distancing protocols consistent with the workplace risk assessment and Work Hazard Assessment completed pursuant to paragraph 15(b) herein and ensure compliance by all persons in the workplace; and



- (b) Ensure Workers, where granted permission to work pursuant to paragraph 17 herein, for the first 14 days after they begin self-isolating in the Northwest Territories:
- i. Self-isolate when not working in accordance with the self-isolation requirements set out at Appendix A of this Order;
 - ii. Make efforts to socially distance from co-workers and members of the public while working, in accordance with protocols established by their Employer;
 - iii. Where not possible to socially distance in the workplace, wear a face mask or appropriate personal protective equipment to prevent the spread or transmission of COVID-19 in the workplace, in accordance with the WSCC Work Hazard Assessment;
 - iv. Not travel within the Northwest Territories unless required to for the purposes of carrying out their work duties, and only in accordance with the approval granted by the Chief Public Health Officer; and
 - v. Comply with all conditions provided by the Chief Public Health Officer as part of the approval granted.

EXEMPTIONS

21. Notwithstanding anything in this Order, the Chief Public Health Officer may exempt a person or class of persons from the application of this Order.

Any person who is subject to this Order may appeal the Order to the Supreme Court of the Northwest Territories pursuant to s.47 of the *Public Health Act* within 30 days after the day on which the Order is served on the person in accordance with the provisions of the *Public Health Act*.

It is an offence pursuant to s.49 of the *Public Health Act* for a person to fail to comply with the *Public Health Act*, its regulations or an order made under it.

Any person who has any questions or inquiries about this Order, or who wishes to apply for an approval or exemption related to this Order, can contact Protect NWT protectnwt@gov.nt.ca or 1-833-378-8297 and can obtain a copy of this Order from Protect NWT or from <https://www.gov.nt.ca/covid-19>.



This Order is effective on December 1, 2020 at 12:00pm and remains in effect for the duration of the Public Health Emergency, unless otherwise rescinded.

Any person in the process of self-isolating at the time this Order comes into effect is subject to the terms of the July 16, 2020 order and their approved self-isolation plan, approval or exemption.

Any person who has received approval for a self-isolation plan, or any other type of approval or exemption that will begin after the time this Order comes into effect, must comply with the terms of this Order and their approved self-isolation plan, approval or exemption, as if that self-isolation plan, approval or exemption had been issued pursuant to this Order.

<original signed by>

Dr. Kami Kandola
Chief Public Health Officer



Appendix A Self-Isolation Protocol

When you enter the Northwest Territories from across an inter-jurisdictional border:

- Limit your interactions with other persons as much as possible. Wear a face mask and go directly to your self-isolation location (for example: home, hotel, rental accommodation or Isolation Centre).
- If you are being picked up in a car, taxi or other motor vehicle, sit in the back seat as far from the driver as possible. Do not share a car, taxi or other motor vehicle with any person, other than the driver if necessary, who is not self-isolating in the same home, hotel room or accommodation as you.
- If you have to make a long drive, only make short stops for take-out food, fuel or to use washroom facilities, if necessary, and wear a face mask. Contactless payment must be used where available and any time spent inside a store, gas station, or other similar indoor location is to be kept to a minimum.
- Keep a 2 metre distance from other persons you will not be self-isolating with.

Once at your self-isolation location you must self-isolate as follows:

- Stay at your self-isolation location (for example: home, hotel, rental accommodation or Isolation Centre) for 14 days. If you do not have a confirmed case of COVID-19, have no COVID-19 symptoms, are not a close contact of a person suspected of having COVID-19 and are not part of a suspected outbreak of COVID-19, you can go outdoors for fresh air. Do not go to outdoor spaces where persons congregate. Keep a 2 metre distance from other persons and wear a face mask where this is not possible. Do not use public transportation or share a car, taxi or other motor vehicle.
- While at your self-isolation location, stay in a separate room away from other persons. Always wear a face mask when outside your room. Use a separate bathroom. If not possible, sanitize the bathroom after each use. Do not share any items with household members. Do not have any visitors at your self-isolation location.
- It is permitted to pass through common areas of a self-isolation location, such as a shared corridor or lobby, to access the outdoors, but only if a face mask is worn.
- Do not go to work, school, or enter any other indoor spaces for 14 days from the time you entered the Northwest Territories.
- If you have a medical appointment or need medical care, contact your health care provider and follow their instructions.
- Follow all the requirements in your approved Self-Isolation Plan.
- If you are a worker who is permitted to work, you are required to self-isolate when you are not at work for 14 days in accordance with all of the requirements of this Self-Isolation Protocol.