



# MINISTRY OF HEALTH AND MEDICAL SERVICES

## COVID-19 DAILY ADVISORY -TUESDAY, MARCH 31, 2020

### #TogetherWeCan

There are currently 5 cases of COVID-19 confirmed in Fiji. The Fijian Government will advise the public as soon as possible should this change.

From today people can call the toll free number 158 for all COVID-19 related queries and concerns. This helpline is open 24 hours, 7 days a week.

Meanwhile, the Fijian Ministry of Health and Medical Services, in collaboration with the Ministry of Rural and Maritime Development, Ministry of Education, Heritage and Arts, Ministry of Forestry, Ministry of Infrastructure, Transport, Disaster Management and Meteorological Services, Ministry of iTaukei Affairs and Ministry of Housing and Community Development is preparing seven Community Isolation Facilities (CIFs). Two centres are ready and the remaining five will be ready this week.

The Facilities will be activated when divisional and sub-divisional isolation facilities have reached their capacity. COVID-19 positive individuals who are classified “stable” can be transferred to these community facilities for continued monitoring and medical care.

The Fijian Ministry of Health and Medical Services will provide meals for the patients. There are protocols in place for staff who will provide meals and cleaning services, including physical distancing between patients and staff. No visitors are allowed at these facilities.

	NUMBER OF COMMUNITY ISOLATION FACILITIES	NUMBER OF BEDS
Central	2	69
Eastern	2	52
Northern	1	86
Western	2	40
<b>TOTAL</b>	<b>7</b>	<b>247</b>

#### What can I do to protect myself?

- Clean your hands regularly and thoroughly with soap and water or an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth
- Avoid sharing utensils, bottles, bilo and cigarettes
- Do not spit
- Maintain at least one-metre distance between yourself and anyone who is coughing or sneezing
- Always cover your mouth with tissue or elbow when coughing or sneezing
- Do not share rumours and misinformation about COVID-19. Use credible sources such as the MoHMS website (<http://www.health.gov.fj/>) or official Facebook page, or the WHO website ([www.who.int](http://www.who.int)).

If you have had contact with a confirmed COVID-19 case or a country affected by the virus in the last 14 days and develop a fever and cough or difficulty breathing immediately contact the Toll-Free line 158.