



INSTRUCTIONS FOR SELECTED PUBLIC ACTIVITIES/WORK SETTINGS FOR THE PREVENTION AND CONTROL OF COVID- 19

The instruction notes are given for a range of public activities and work settings. Some sectors such as tourism, large shopping malls, event management, etc. would require reference to several instruction notes.

The Instructions are subject to overall permission given by the Ministry of Health to resume functions (totally/selected).

Each instruction note is issued by the Director General of Health Services, Ministry of Health and Indigenous Medical Services and are for the establishment/owner/ responsible authority to follow in prevention of transmission of COVID-19.



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TOWARDS A NEW NORMAL



MINISTRY OF HEALTH
AND INDIGENOUS
MEDICAL SERVICES



GOVERNMENT MEDICAL
OFFICERS ASSOCIATION



SRI JAYAWARDENEPURA
KOTTE MUNICIPAL
COUNCIL



Instructions for selected public activities/work settings for the prevention and control of COVID - 19

4. Users of Walkways

Description - People need to exercise daily. We have been promoting physical activity in the drive towards reducing NCDs. Many local authorities too have created walking spaces. These have also become regular and well utilized public spaces for recreation and socializing.

Specific message/ Instruction/s

For the Local Authority -

- These spaces can be opened up for public use for physical activity – to be used strictly for walking / jogging/ cycling only
- These spaces should not be used initially as places to hang out/social gatherings (time period instructed by government)
- Uni directional flow should be strongly advocated, arrows may be drawn to support this
- Cycle lending should be maintained with adequate disinfection between each use
- The user should clean the handles with disinfected provided before handing over the bike
- Food outlets can be permitted with strict instructions on physical distancing to be maintained, hand hygiene and wearing of masks for employees and customers. Mobile food vendors or cafeteria facilities should be strictly prohibited
- All persons working in food outlets should be given clear instructions on how to ensure hand hygiene, respiratory etiquette, proper use of face mask. All persons should be clearly instructed to refrain from coming to work if they have any illness with respiratory symptoms.
- Display signages regarding measures that should be taken

For the persons using the walkway

- No group activities are allowed
- Avoid touching your face and use only a personal face towel
- Please maintain a minimum of 1 metre from the other users
- Follow the unidirectional signs
- Maintain one metre distance when using the food outlets and wear a mask
- Have separate pair of shoes and do not wear these indoors.

Method/s of instruction

- Billboards and signages




Director General of Health Services

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