

## Regulations on quarantine etc. after travelling outside the Nordic region

Date	FOR-2020-03-13-287
Ministry	Ministry of Health and Care Services
Entry into force	13.03.2020, with effect for persons who have arrived in Norway since 27.02.2020
Amended	<a href="#">FOR-2020-03-12-271</a>
Applies to	Norway
Legal basis	<a href="#">LOV-1994-08-05-55-§1-2</a> , <a href="#">LOV-1994-08-05-55-§7-12</a>
Published	13.03.2020 kl. 21.45
Journal number	2020-0271
Abbreviated title	Regulations on quarantine etc. after travelling outside the Nordic region

**Legal basis:** Adopted by Royal Decree of 13 March 2020 under the Act of 5 August 1994 No. 55 relating to control of communicable diseases, section 1-2, third paragraph, and section 7-12. Submitted by the Ministry of Health and Care Services.

### ***Section 1. Duty of quarantine***

Persons arriving in Norway from countries other than Sweden or Finland shall undergo quarantine for 14 days after arrival in Norway. The provision also applies to persons who arrive in Norway from Sweden or Finland after a stay in other countries during the past 14 days.

A person in quarantine is to stay in his or her own home or other suitable place of accommodation. The person may only leave the home or place of accommodation if close contact with other persons is avoided.

### ***Section 2. Exemption from duty of quarantine***

Persons who are essential to maintain the proper operation of critical public functions and attend to fundamental needs of the population, including persons who perform goods and passenger transport functions, are exempted from section 1. Use of this exemption must be clarified with the entity's management.

Persons included under the exemption mentioned in the first paragraph shall, to the degree possible, avoid close contact with other persons.

### ***Section 3. Isolation***

Persons in quarantine who develop cold symptoms such as coughing, fever or shortness of breath shall remain in isolation from the time symptoms first appear until 7 days after all

symptoms are gone. "Isolation" in this context refers to a person staying in his or her own home or other suitable place of accommodation.

Persons who have symptoms upon arrival in Norway shall immediately be isolated in a place designated by the municipal medical officer. Persons with symptoms may not use public transport to reach the place designated for isolation.

#### ***Section 4. Svalbard and Jan Mayen***

The Regulations also apply to Svalbard and Jan Mayen.

Persons who are subject to the duty of quarantine pursuant to section 1 shall, upon arrival in Norway, not travel to Svalbard until after the quarantine period has ended.

The Governor of Svalbard may take decisions on the use of the exemption cited in section 2 in Svalbard, taking local conditions into consideration.



#### ***Section 5. Amendments to the Regulations***

The Ministry may issue regulations amending the Regulations.

#### ***Section 6. Entry into force.***

These Regulations enter into force immediately. At the same time, the Regulations of 12 March 2020 No. 271 on a Decision pursuant to the Act relating to control of communicable diseases, section 4-1, second paragraph, on quarantine (isolation) after travelling outside the Nordic region are repealed.

The Regulations apply to persons who have arrived in Norway after 27 February 2020.