



MINISTRY OF HEALTH

COVID-19 INFECTION PREVENTION AND CONTROL GUIDANCE FOR HIV & TB SERVICES DELIVERY

REVISED 16th APRIL 2020

This guidance will continue to be updated as new guidance on COVID-19 evolves globally. The Ministry of Health emphasizes the importance of maintaining critical HIV prevention, care and treatment services during COVID-19 to reduce vulnerability of PLHIV to COVID-19, ensure continuity of ART therapy and accelerated decongestion of health facilities to minimize transmission of COVID-19.

A. General Considerations

District Teams (Supported by the Regional Implementing Partner)

- The district will maintain its role in leading the implementation of all comprehensive HIV services.
- The regional Implementation Partners will work with the districts to ensure that critical HIV services are not interrupted during the Covid-19 response period. They will provide the necessary technical and financial support.
- District health officers and ART clinic in charges will ensure that skeletal staff is available at facilities to: attend to the clients seeking HIV and TB services in the ART clinics; record details of clients served; quantify ARVs and other drug supplies; and place emergency orders.
- The districts with support from the IP should adopt the use of telephones, and internet platforms to communicate to facilities and other stakeholders, including conduct trainings and mentorships.
- The districts with support from the IP will work with the existing Networks of People living with HIV to ensure the uninterrupted supply of ART to all recipients of care.

Networks of PLHIV and Civil society

- The PLHIV networks at national level will continue working with MoH, through the national taskforce, to coordinate the national HIV response to ensure safety of clients and uninterrupted supply of ARVs.

- The PLHIV networks at the district level will work with districts, through district taskforce, to monitor coordination and provide timely feedback on the quality of services during the response.
- The Peer support staff at HIV service points (such as YAPs, Linkage facilitators, peer/mentor mother) should have their services at the facility suspended until the COVID 19 pandemic is under control. The PLHIV peers may work from home using phones to follow-up clients: remind them of appointments, drug pickups and linkage to nearest community ART services points.

Health Facilities

- The facilities will display toll free and other telephone numbers for COVID-19 response teams in visible places so that Clients can save them in their phones or write them down.
- All ART, TB and other HIV related clinics should have functional safe thermometers.
- All clients who come to the clinic must have their temperature taken.
- Use telephone calls, SMS, social media platforms to communication to clients and other stakeholders on services availability, follow up, adherence support and clinic attendance among others.
- Health Providers will use the appropriate Personal Protective Equipment (PPE) for all staff. If a Client is suspected to have COVID-19, a gown and goggles should be used in addition to gloves and medical face mask (where feasible). Face mask and gloves are most important PPE.
 - ART Providers and Clients should practice frequent hand hygiene, including before and after patient care, when coming into contact with secretions, before eating and after using the toilet.
 - Maintain infection prevention standards in the ART clinic by sanitizing all surfaces e.g. with hypochlorite per MOH guidelines.
 - Inform MOH, relevant authorities of any suspected COVID-19 case among the ART patients. Documenting the clinical course of COVID-19 in PLHIV is important to inform optimal care.
 - Monitor the number of HIV and TB service providers that are tasked to work on COVID-19.
- Ensure continuous antiretroviral therapy (ART) provision to current recipients of care based on the available stocks of ARVs at the site in order to maintain virologic suppression.
- Health facilities should accurately document the contact details of the clients who come to seek health services for easier follow up in case of Covid-19 exposure.
- Conduct on a regular basis on going activities of Information, education and communication (IEC) for the recipients of care to learn about the signs and symptoms of CoviD-19 using the hand out messages, telephone calls/SMS, social media platforms and mass media.

Triage:

- Facilities must take temperature measurements for all PLHIV clients on arrival at the clinic.
- Patients presenting with fever, cough, flu like/ respiratory symptoms) should be isolated immediately and infection prevention and control observed.
- Screen for TB using the ICF guide at all entry points

Community activities

- The general community health services including HIV testing, HIV Prevention services and TB activities are temporarily stopped as per the Presidential directive on community gatherings.

Supply Chain Considerations

- Facilities with inadequate stocks, should place emergency orders for ARVS. However, all facilities must ensure that sufficient stocks of drugs regimens are available during this time. Districts and partners should support inter facility and inter-district commodity transfers, where applicable.

B. HIV prevention services

For HIV prevention, most services are community based and require mobilization using community gatherings, and or interaction with several community members. This poses a risk of exposure and transmission of the virus to the community and services providers who are mostly lay persons. Its therefore recommended that all community activities including mobilization, outreaches, meetings and workshops are temporarily put on hold.

HIV testing services

- During this interim period, all community activities including HTS outreaches are suspended.
- Facility-based HTS should continue in: Testing in ANC, labor/maternity, Early infant diagnosis (EID), in patient department for diagnostic testing, people with TB, STIs, and malnutrition, Assisted Partner Notification, and index client testing.
- Use of self-testing outside of the clinic setting should be encouraged.

Safe male circumcision

- The community camps including community mobilization are suspended. The SMC services shall be offered as a routine service in facility on appointment to avoid crowding.
- The health workers offering SMC must ensure that waiting time for clients is reduced and at any one time, not more than ten (10) clients should be waiting for the service.
- The Post-operative follow-up for clients already circumcised should continue using telephone calls and clinic visit for clients with adverse events

Community activities in Drop-in Centers (DICs), AGYW and KP/PP social interactions safe spaces

- AGYW safe spaces are temporally closed as per the presidential directive.
- The facility should focus on, line listing clients.
- The AGYW should continue accessing the non-curriculum-based services at the health facilities.
- At DICs walk in services will be provided but no more than 10 individuals should be served at any one time.
- Social gathering at DIC must stop in line with the Presidential directive on social distancing
- KPs, AGYWs and services providers are encouraged to use social media platforms for communication.

Continuity of PrEP services

- Facilities should evaluate the stock medicines available at their sites
- Where stocks allow, individuals already on PrEP, should be given a 3-month drug supply.
- When possible, follow up and adherence support of clients on PrEP should be done using telephone, SMS, social media platforms.

C. HIV treatment services including PMTCT services

These guidelines are aimed at reducing crowding of clients at ART delivery points as well as ensuring continued access to ART during the COVID-19 pandemic. ART delivery is majorly facility based which may potentially increase risk of the spread of the virus within the facility, therefore, focus should be placed on decongesting the facilities.

Multi-month dispensing (MMD)

- Multi-month dispensing (MMD) of three months is recommended for all clients regardless of age. This however should be based on availability of adequate ARV stock across the different drug regimens at the facility.
- The Facility should systematically call all clients with scheduled clinic visit in the next month for their ART refills and viral load testing if due.
- The facility should deliver ARVs to the nearest community point for clients who are not able to come to the facility. This can be through quick establishment of CDDPs.

One-month dispensing

- The following categories of clients should be maintained on monthly appointments and refills at the facility however IPC measures should be adhered to.
 - Visiting clients i.e. clients not registered at the ART facility
 - Clients on 2nd or 3rd ART line regimen
 - Virally non-suppressed clients
 - The very sick e.g. clients co-infected with TB and are in intensive phase of TB treatment
 - Lactating mothers with babies below 6 months of age

Community drug distribution

- Clients receiving their care and refills through Community Drug Distribution Points (CDDPs) and Community Client Led ART Delivery (CCLADs) should continue receiving their care and refills through the same approaches.
- Infection Prevention and Control (IPC) measures should be emphasized at all times.
- Facilities should support clients to form CCLADs as a measure of decongesting the facility-based ART service delivery points.

Facility Based Groups

- Facilities should suspend all Facility Based Groups (FBGs) such as the Family support groups, Adolescent groups, teen clubs etc. until further notice.
- Members of such groups should be given multi-month refills if they qualify or else monthly appointments and refills with proper scheduling to avoid congestion at the ART service delivery points.

Access to ART services for unregistered clients

- It is MoH/ACP guidance that clients far from their usual ART facilities can visit any nearby facility for their ARV refills during the COVID 19 lockdown.
- Such clients will be considered “Visitors”.
- “Visitors” will be provided with one-month drug supply

a) Documentation;

- ✓ Open a counter book for temporary recording of clients as there is inadequate stock of HMIS tools at the health facilities.
- ✓ Unique ID: Document the client No and Health facility name. For example, If the parent facility is Kangulumira HCIV, ART No 22 the patient unique ID will be 22/Kangulumira.
- ✓ Record the client demographic data, history, clinical assessment results (Weight, TB status, Nutrition status, ART refill, CTX refill for those eligible, INH initiation/refill etc.)
- ✓ For those without their ART exercise books, then the health worker should contact the parent health facility using the directory to find out the patients’ details (History) and record them appropriately.
- ✓ Record all this information in the temporary register and clients’ book as a reference point for the parent facility to document / update clients’ records in the HIV/ART care card and ART registers when they go back for ART services after the Covid-19 pandemic.
- ✓ Dispense drugs for 3 months to ensure accelerated decongestion of health facilities to minimize transmission of COVID-19 and protect PLHIV

b) Reporting;

- ✓ Using the health facility directory; the health worker should contact the parent health facility of the client to ensure records reconciliation.
- ✓ If the client has gone back to the parent facility, then he/she will be reported on by the parent health facility.

- ✓ If the client has not gone back to parent facility for ART services, then he/she will be reported on by this temporary health facility.

c) Tracking;

- ✓ Attach all clients to a peer educator/ expert client.
- ✓ Follow up clients with a phone call after the duration of dispensation to find out whether they have gone back to the parent health facility.
- ✓ Using the health facility directory; the health worker should contact the parent health facility of the client to update them about their client.

TB/HIV Services

The majority of clients in the HIV and TB clinic present with cough and other symptoms that may simulate the presenting signs and symptoms of COVID-19. This presents a challenge of screening for COVID-19. Clients who have COVID-19 maybe mis-diagnosed.

- With PPE in place, the usual recommended screening for TB should continue and in addition take off recommended samples for COVID-19 testing from suspects (see MOH leaflet for samples to be taken).
- ART refills and anti-TB/TPT refills should be aligned for all PLHIV co-infected with TB or on TB preventive treatment.
- Not all cough is COVID-19, TB screening should be conducted but IPC measures should be adhered to.
- Ensure that all presumptive cases receive TB diagnostic test, Initiate TB treatment for positive ones.
- Coughing patients should be advised to practice home based self isolation and referral of “suspects” should continue while being investigated for both diseases while waiting for result.
- Meanwhile if TB is confirmed, TB treatment should not be delayed while waiting for the corona test result, having two comorbidities can worsen the client’s outcome.
- Supportive treatment should continue for those who are negative for TB and negative for COVID-19 as outlined in the Uganda guidelines for management of upper or lower respiratory disease.
- TPT (IPT) drugs should be provided for 6 months and patients monitored through phone calls

a) TB treatment

- Ensure alignment to Anti-TB medicines to ART refills
- Drugs may be dispensed to patients at any nearby TB diagnostic and treatment facility

b) MDR-TB

- Inpatients should stay on the ward for their DOT
- For patients under care at follow up facilities, health workers shall deliver medicine/treatment support at follow up facilities
- Treatment support should be identified to observe DOT at home and report any issues to the health worker promptly.

- A supply of MDR-TB drugs of up to 2months should be offered to the patient and treatment supporter where it is available
- Patients will access monthly reviews as soon as the situation allows
- Patients who require hospital admission and close monitoring should be admitted and managed accordingly per national guidelines

PLHIV with Co-morbidities

- Those with conditions such as diabetes mellitus should ensure good glycemc control by taking their medications well to avoid severe COVID-19. Similarly, the hypertensives should ensure blood pressure control and have enough drug refills during this uncertain period.
- NCD medicine refills should be aligned with their ART refills

Pregnant WLHIV

- Currently, there is limited information about pregnancy and maternal outcomes in individuals who have COVID-19. Immunologic and physiologic changes during pregnancy generally increase a pregnant individual's susceptibility to viral respiratory infections, possibly including COVID-19.
- For all Pregnant and breast-feeding women living with HIV, routine care should be followed as per recommendation in the consolidated HIV prevention and care and treatment guidelines.
- Its recommended that the ART refills should be aligned to scheduled ANC visits.

Children with HIV

- From the limited available data, children appear less likely to become severely ill with COVID-19 infection than older adults. However, there may be subpopulations of children at increased risk of more severe COVID-19 illness; in studies of infection with non-COVID-19 coronaviruses in children, younger age, underlying pulmonary pathology, and immunocompromising conditions were associated with more severe outcomes.
- Infants and children with HIV should be up to date on all immunizations, including influenza and pneumococcal vaccines.



Ministry of Health

FREQUENTLY ASKED QUESTIONS BY HEALTH CARE PROVIDERS REGARDING HIV AND TB SERVICE DELIVERY DURING COVID-19 LOCKDOWN

1. **Should Health Care Providers provide ART refills (and TB medicines for the co-infected) to clients visiting their facilities and yet they are not registered there? If YES, how many months' worth of drugs should be provided?**
 - It is MoH/ACP guidance that clients far from their usual ART facilities can visit any nearby facility for their ARV and TB medicines refills during the COVID 19 lockdown. Such clients will be considered “Visitors”.
 - “Visitors” will be provided with one-month drug supply
2. **How will clients served as “visitors” be documented, reported and tracked?**
 - **Documentation;**
 - ✓ Open a counter book for temporary recording of clients as there is inadequate stock of HMIS tools at the health facilities.
 - ✓ Unique ID: Document the client No and Health facility name. For example, If the parent facility is Kangulumira HCIV, ART No 22 the patient unique ID will be 22/ Kangulumira.
 - ✓ Record the client demographic data, history, clinical assessment results (Weight, TB status, Nutrition status, ART refill, CTX refill for those eligible, INH initiation/refill etc.)
 - ✓ For those without their ART exercise books, then the health worker should contact the parent health facility using the directory to find out the patients' details (History) and record them appropriately.
 - ✓ Record all this information in the temporary register and clients' book as a reference point for the parent facility to document / update clients' records in the HIV/ART care card and ART registers (and TB register where applicable) when they go back for ART services after the Covid-19 pandemic.
 - ✓ Dispense drugs for 1month to “visitors”
 - **Reporting;**
 - ✓ Using the health facility directory; the health worker should contact the parent health facility of the client to ensure records reconciliation.
 - ✓ If the client has gone back to the parent facility, then he/she will be reported on by the parent health facility.

- ✓ If the client has not gone back to parent facility for ART services, then he/she will be reported on by this temporary health facility.

- **Tracking;**

- ✓ Attach all clients to a peer educator/ expert client.
- ✓ Follow up clients with a phone call after the duration of dispensation to find out whether they have gone back to the parent health facility.
- ✓ Using the health facility directory; the health worker should contact the parent health facility of the client to update them about their client.

3. What to do for a visiting client who requests to be formally transferred to the nearby ART facility from where she/he has been accessing ART during the COVID 19 lockdown?

- Such clients should be supported to get formal transfer forms from their parent ART facilities.

4. How should clients due for viral load be supported to access viral load testing during the COVID 19 lockdown?

- Clients due for their viral load and can access their parent ART facilities or are served through CDDPs should be provided with a viral load test as per the national viral load algorithm.
- Clients due for their viral load but far from their parent ART facilities should wait until the lockdown is lifted and travel to their parent ART facilities for viral load testing.

5. What should be done for clients registered to receive ART from a private for-profit facility that has run out of stock of required ARVs?

- Private for-Profit facilities should work with IPs and public facilities to ensure all clients receive their medications

6. How many months' worth of drugs should Health Care Workers provide to clients visiting their usual ART facility (Facilities where they are registered for ART services)?

- Clients on 1st line should be provided with three months drug supply.
- Clients on second or third line should be provided with one-month drug supply due to the current stock challenges
- Clients co-infected with TB or on TB Preventive Therapy (TPT) should have their TB medicines refills aligned with ART refills

7. Which categories of clients should be given one-month refills?

- Its recommended that the following categories of clients receive one-month refills;
 - ✓ Visiting clients i.e. clients not registered at the ART facility
 - ✓ Clients on 2nd or 3rd ART line regimen
 - ✓ Unsuppressed clients
 - ✓ The very sick e.g. clients co-infected with TB and are in intensive phase of TB treatment
 - ✓ Lactating mothers with babies below 6 months of age

8. How many months' worth of ARVs can an HIV positive pregnant mother be given?

- Its recommended that the ART refills should be aligned to scheduled ANC visits.

9. Should Community Drug Distribution Points (CDDPs) be suspended during the COVID 19 period?

- NO, CDDPs should not be suspended however;
 - ✓ The ART facilities should systematically schedule the clients to ensure no more than 5 clients are at a CDDP at anyone given time.
 - ✓ ART facilities and IPs should ensure strict adherence to infection prevention and control measures

10. Should Community Client Led ART Delivery (CCLAD) be suspended during the COVID 19 period?

- NO, CCLADs should not be suspended however;
 - ✓ CCLAD members should be sensitized about COVID 19 Infection Prevention and Control measures

11. How will the health facilities ensure adequate stock of ARVs to support multi-month dispensing?

- Guidance has been provided to National Warehouses (including NMS) to serve facilities as per their orders.
- National Medical Stores (NMS) has planned their deliveries as follows;
 - ✓ Lower Level Health Facilities (Accredited HCIV's and HCIII's): These facilities shall have Cycle 5 and Cycle 6 orders processed in one go
 - ✓ General Hospitals; Regional and National Referral Hospitals: NMS is processing Cycle 5 & 6 orders processed separately, according to the delivery schedule.