



1. Home (<https://www.gov.uk/>)
2. Health and social care (<https://www.gov.uk/health-and-social-care>)
3. Public health (<https://www.gov.uk/health-and-social-care/public-health>)
4. Health protection (<https://www.gov.uk/health-and-social-care/health-protection>)
5. Infectious diseases (<https://www.gov.uk/health-and-social-care/health-protection-infectious-diseases>)

Guidance

COVID-19: guidance on shielding and protecting people defined on medical grounds as extremely vulnerable

Information for shielding and protecting people defined on medical grounds as extremely vulnerable from COVID-19.

Published 21 March 2020

Last updated 17 April 2020 — see all updates

From:

Public Health England (<https://www.gov.uk/government/organisations/public-health-england>)

Documents

Guidance on shielding and protecting people who are clinically extremely vulnerable from COVID-19 (<https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19>)

HTML

Coronavirus (COVID-19): an easy-read guide on protecting extremely vulnerable people (https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/875126/Easy_read_guidance_on_shielding_March_2020.pdf)

Ref: PHE publications gateway number: GW-1208 PDF, 1.59MB, 12 pages

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Guidance on shielding and protecting people defined on medical grounds as extremely vulnerable from COVID-19 (Arabic)

(https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/876677/COVID-19_Shielding_and_protecting_extremely_vulnerable_people_AR.pdf)

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Guidance on shielding and protecting people defined on medical grounds as extremely vulnerable from COVID-19 (Bengali)

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Guidance on shielding and protecting people defined on medical grounds as extremely vulnerable from COVID-19 (Traditional Chinese - Cantonese)

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(https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/876688/COVID-19_Shielding_and_protecting_extremely_vulnerable_people_ZH_cn.pdf)

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(https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/876679/COVID-19_Shielding_and_protecting_extremely_vulnerable_people_FR.pdf)

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Guidance on shielding and protecting people defined on medical grounds as extremely vulnerable from COVID-19 (Gujarati)

(https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/876680/COVID-19_Shielding_and_protecting_extremely_vulnerable_people_GU.pdf)

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Guidance on shielding and protecting people defined on medical grounds as extremely vulnerable from COVID-19 (Portuguese) **[\(https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/876683/COVID-19_Shielding_and_protecting_extremely_vulnerable_people_PT.pdf\)](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/876683/COVID-19_Shielding_and_protecting_extremely_vulnerable_people_PT.pdf)**

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Guidance on shielding and protecting people defined on medical grounds as extremely vulnerable from COVID-19 (Welsh)

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Details

This guidance is for people who are clinically extremely vulnerable, including children. It's also for their family, friends and carers.

People who are clinically extremely vulnerable should have received a letter telling them they're in this group or been told by their GP.

It's for situations where a clinically extremely vulnerable person is living at home, with or without additional support. This includes clinically extremely vulnerable people living in long-term care facilities for the elderly or people with special needs.

If you have been told that you're clinically extremely vulnerable, you should:

- follow the advice in this guidance
- register online (<https://www.gov.uk/coronavirus-extremely-vulnerable>) even if you do not need additional support now

The translated versions of the guidance were accurate as of 30 March 2020. Following recent changes to this guidance, the translations are currently being updated and will be published shortly.

Published 21 March 2020

Last updated 17 April 2020 + show all updates

1. 17 April 2020
Updated 'Shielding and protecting people who are clinically extremely vulnerable from COVID-19'.
2. 30 March 2020
Added translated guidance.
3. 24 March 2020
Added Coronavirus (COVID-19): an easy-read guide on protecting extremely vulnerable people.
4. 21 March 2020

First published.

Related content

- COVID-19: guidance on social distancing and for vulnerable people (<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people>)
- COVID-19: guidance for households with possible coronavirus infection (<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>)
- COVID-19: guidance for supported living and home care (<https://www.gov.uk/government/publications/covid-19-residential-care-supported-living-and-home-care-guidance>)
- Coronavirus (COVID-19): guidance (<https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance>)
- Closing certain businesses and venues (<https://www.gov.uk/government/publications/further-businesses-and-premises-to-close>)

Collection

- Coronavirus (COVID-19): guidance (<https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance>)
- Coronavirus (COVID-19): social care guidance (<https://www.gov.uk/government/collections/coronavirus-covid-19-social-care-guidance>)

Explore the topic

- Infectious diseases (<https://www.gov.uk/health-and-social-care/health-protection-infectious-diseases>)

Topical events

- Coronavirus (COVID-19): UK government response (<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>)